



BIKING IN THE FOREST

Cycling in the silence of an ancient forest, surrounded by high trees and wild deers...in typical mountain lodge you will taste authentic local food, wine and relax on the green lawn.

PLAN

Meeting point:
where? Pistoia;
when? At 9.00 am;
biking experience from 10.00 am to 3.00 pm.

SETTING

Mountain (900 masl).

BIKING DETAILS

Difficulty: medium, not dangerous, minimum age 12 years old, no experience required.
Physical engagement: altitude difference gained 200 meters uphill, 3 hours of real biking time, good fitness required.

CLOTHING AND EQUIPMENT

Trekking shoes, long trousers, long jersey.
A backpack with a sweater, rain jacket, some sweets, 1 liter of water.

COST: €50,00 per person.

SPECIAL PRICE FOR TEENS: 12-18 years old €30,00.

If request, high quality MTB or e-Bike rental and farmhouse lunch with local food and wine 10% discounted prices.



Michel Bruni

Guide with european certification;
Agronomist freelance;
Member of AIGAE (Italian Guide Association);
Qualified in environmental teaching.

Also available:
costumized tours;
private tours.

You can also find us here:
www.itstuscany.com
www.airbnb.it/experiences



*Profession according to Law 4/2013.
Guide qualified by Regione Toscana.*

Libera professione ai sensi della legge 4/2013.



Guided tours



**Adventure, history, wild nature,
culture, food and wine...
surprise yourself discovering a side
of tuscany you would
never expect, amongst hidden
beauties off the beaten track!**

www.tuscanyhiking.net
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A photograph of a mountainous landscape in Tuscany. In the foreground, a group of hikers is gathered on a dirt path, looking towards the mountains. The background shows rolling green hills under a clear blue sky.

TUSCANY MOUNTAIN HIKING

Did you know it?! Tuscany, famous for its art and cities, hides high peaks, populated by wolves and eagles, from where you can enjoy incredible views and take a wild breath...

PLAN

Meeting point:
where? Pistoia;
when? At 9.00 am;
hiking experience from 10.00 am to 4.00 pm.

SETTING

High mountain (1500 masl)

HIKING DETAILS

Difficulty: medium difficulty, not dangerous, minimum age 8 years old, suitable for pets.
Physical engagement: altitude difference gained 500 meters uphill, 4 hours of real walking time, good fitness required.

CLOTHING AND EQUIPMENT

Trekking shoes, long trousers, long jersey, sun cap, sunscreen.
A backpack with a sweater, rain jacket, some sweets, 1 liter of water

COST: €50,00 per person, if request packed lunch provided by the guide with high quality local and traditional food and local wine tasting. **SPECIAL PRICE FOR TEENS:** 8-12 years old €20,00; 12-18 years old €30,00.

A photograph of a vintage steam train crossing a railway bridge over a valley. The train is white with a red stripe. In the background, there are colorful houses built on a hillside.

VINTAGE RAILWAY TOUR

Inaugurated in 1864, the Pistoia-Bologna railway is one of the most ancient in Italy. Crossing Appennins mountain range, it offers impressive views on hamlets and green valleys...then the footpath begins.

PLAN

Meeting point:
where? Pistoia train station;
when? At 8.00 am;
hiking experience from 9.00 am to 6.00 pm.

SETTING

Mountain (800 masl)

HIKING DETAILS

Difficulty: medium difficulty, not dangerous, minimum age 10 years old, suitable for pets.
Physical engagement: altitude difference gained 400 meters uphill, 4 hours of real walking time, good fitness required.

CLOTHING AND EQUIPMENT

Trekking shoes, long trousers, long jersey, sun cap.
A backpack with a sweater, rain jacket, some sweets, 1 liter of water

COST: €50,00 per person, if request packed lunch provided by the guide with high quality local and traditional food and local wine tasting. **SPECIAL PRICE FOR TEENS:** 10-18 years old €30,00. Train ticket not included.

A photograph of a stone building with a crenellated roofline, likely a castle or fortification. The building has red doors and windows. The sky is blue with some clouds.

LEONARDO DA VINCI'S TRAIL

In 2019, the 500th anniversary of Leonardo, you can walk through his foothpath around the hamlet of Vinci, across vineyards and olive groves, having at the same time the unique opportunity to visit Leonardo's museums and a wine tasting in Fattoria di Faltognano.

PLAN

Meeting point:
where? Vinci, Pinetina della Doccia;
when? At 10.00 am;
hiking experience from 10.00 am to 4.00 pm.

SETTING

Hills (400 masl).

HIKING DETAILS

Difficulty: easy, not dangerous, minimum age 6 years old, suitable for pets.
Physical engagement: altitude difference gained 400 meters uphill, 4 hours of real walking time, medium fitness required.

CLOTHING AND EQUIPMENT

Trekking shoes, long trousers, sun cap.
A backpack with a rain jacket, some sweets, 1 liter of water.

COST: €35euro per person. Special price for teens and groups.
Discount for wine tasting.